



## PATIENT INFORMATION

### HOW DID YOU HEAR ABOUT US?

- ☐ Friend (Name: \_\_\_\_\_) ☐ Physician (Name: \_\_\_\_\_)  
☐ Social Media ☐ Facebook ☐ Instagram ☐ RealSelf ☐ Nextdoor  
☐ Internet - Google (Keyword Searched: \_\_\_\_\_) ☐ Other: \_\_\_\_\_

### SERVICES YOU WOULD LIKE TO BE EVALUATED FOR: PROCEDURES/PRODUCTS OF INTEREST:

- ☐ Varicose Veins ☐ Spider Veins (please check one: ☐ Legs ☐ Face ☐ Hands ☐ Chest ) ☐ Hormone Therapy  
☐ Botox/Xeomin ☐ Dermal Fillers ☐ CoolSculpting ☐ MicroNeedling (SkinPen) ☐ Facial Rejuvenation  
☐ Laser Hair Removal ☐ Medical SkinCare (SkinBetter Science/Obagi)

### DEMOGRAPHICS:

Name (Legal): Last: \_\_\_\_\_ First: \_\_\_\_\_ M.I. \_\_\_\_\_ Preferred: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Sex: ☐ M ☐ F Marital Status: ☐ S ☐ M ☐ W ☐ D Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_  
Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Language Spoken at Home \_\_\_\_\_  
Phone: Home/Cell ( ) \_\_\_\_\_ Work ( ) \_\_\_\_\_  
Email: \_\_\_\_\_  
Patient's Employer: \_\_\_\_\_ Patient's Occupation: \_\_\_\_\_  
May we share your clinical information with your Primary Care Provider? ☐ Yes ☐ No  
Primary Care Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Preferred Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### EMERGENCY CONTACT:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

X

(Signed) Date: \_\_\_\_\_

Denise C. Norton, MD ♦ Kelly Korte, NP-C ♦ Kaylin Brown, NP-C  
401 W. Hampden Place, Suite 250 Englewood, CO 80110 (303) 777-8346



## Female BHRT Medical History

401 W Hampden Place, Suite 250  
Englewood, CO 80110  
(720)625-8043

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### Medical History

Have you? \_\_\_\_\_ No \_\_\_\_\_ Yes \_\_\_\_\_

Medical/GYN exam in last 12 mos? ☐ No ☐ Yes

Mammogram in last 12 mos? ☐ No ☐ Yes

Bone Density Scan in last 12 mos? ☐ No ☐ Yes

Pelvic Ultrasound in last 12 mos? ☐ No ☐ Yes

Are you pregnant or nursing? ☐ No ☐ Yes

How many pregnancies have you had? \_\_\_\_\_

Are you taking hormone replacement? ☐ No ☐ Yes Type: \_\_\_\_\_

Are you on birth control? ☐ No ☐ Yes

Type: ☐ Hysterectomy (Partial or Full) ☐ Menopause ☐ Tubal Ligation ☐ Birth Control Pills ☐ Vasectomy

☐ Regular Periods ☐ Irregular periods Last Menstrual Period or date of Menopause: \_\_\_\_\_

### SOCIAL HISTORY

Do you smoke? ☐ Current Everyday ☐ Current Some Day ☐ Never ☐ Former, when did you quit? \_\_\_\_\_

Do you use Tobacco? ☐ No ☐ Yes

Do you drink alcohol? ☐ No ☐ Yes (If yes, how many drinks per day?) \_\_\_\_\_

### FAMILY HISTORY

Do you have a family history of Fibrocystic Breast Disease?

Do you have a history of Breast Cancer in your family?

Do you have a family history of Other Cancer? Type: \_\_\_\_\_

☐ Mother ☐ Sister ☐ Grandparent

☐ Mother ☐ Sister ☐ Grandparent

☐ Father ☐ Mother ☐ Brother ☐ Sister

### List all Current Medical Problems

1. \_\_\_\_\_

2. \_\_\_\_\_

### List all Surgeries and dates

1. \_\_\_\_\_

2. \_\_\_\_\_

### List all prescription & non-prescription medications you are taking and doses: (use back of page if you need more room)

1. \_\_\_\_\_ Dose \_\_\_\_\_ Reason \_\_\_\_\_

2. \_\_\_\_\_ Dose \_\_\_\_\_ Reason \_\_\_\_\_

**Allergies** Are you allergic to any medicines, tape, Latex etc? \_\_\_\_\_

### YOUR MEDICAL HISTORY Do you have any of the following problems? Please provide details.

#### CANCER

Have you ever been diagnosed with cancer? ☐ No ☐ Yes

Type: \_\_\_\_\_

Treatment: \_\_\_\_\_

#### COMMUNICABLE DISEASES

AIDS / HIV ☐ No ☐ Yes \_\_\_\_\_

Hepatitis A / B / C ☐ No ☐ Yes \_\_\_\_\_

STD ☐ No ☐ Yes \_\_\_\_\_

Tuberculosis/Malaria ☐ No ☐ Yes \_\_\_\_\_

#### MEDICAL ILLNESSES

High Blood Pressure ☐ No ☐ Yes \_\_\_\_\_

Heart Bypass ☐ No ☐ Yes \_\_\_\_\_

Heart Disease ☐ No ☐ Yes \_\_\_\_\_

Hypertension ☐ No ☐ Yes \_\_\_\_\_

High Cholesterol ☐ No ☐ Yes \_\_\_\_\_

#### MEDICAL ILLNESSES CONT

Stroke and/or Heart Attack ☐ No ☐ Yes \_\_\_\_\_

Osteoporosis ☐ No ☐ Yes \_\_\_\_\_

Clotting Disorder ☐ No ☐ Yes \_\_\_\_\_

Blood clot (pulmonary emboli) ☐ No ☐ Yes \_\_\_\_\_

Arrhythmia ☐ No ☐ Yes \_\_\_\_\_

Lupus or other auto immune ☐ No ☐ Yes \_\_\_\_\_

Fibromyalgia ☐ No ☐ Yes \_\_\_\_\_

Trouble passing Urine ☐ No ☐ Yes \_\_\_\_\_

Chronic Liver Disease ☐ No ☐ Yes \_\_\_\_\_

Thyroid Disease ☐ No ☐ Yes \_\_\_\_\_

Arthritis ☐ No ☐ Yes \_\_\_\_\_

Depression/Anxiety ☐ No ☐ Yes \_\_\_\_\_

Psychiatric Disorder ☐ No ☐ Yes \_\_\_\_\_

Migraines ☐ No ☐ Yes \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



### MRS Checklist - BEFORE HRT

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Which of the following symptoms apply at this time?  
Place an "X" for EACH symptom. For symptoms that do not apply, please mark NONE.

	None	Mild	Moderate	Severe	Extremely Severe
1. <b>Hot flashes</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. <b>Night Sweats</b> (episodes of sweating)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. <b>Vaginal Dryness</b> (sensation of dryness or burning in the vagina, difficulty with sexual intercourse)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. <b>Bladder problems</b> (difficulty in urinating, increased need to urinate, bladder incontinence)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. <b>Heart discomfort</b> (unusual awareness of heart beat, heart skipping, heart racing, tightness)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. <b>Sleep problems</b> (difficulty in falling asleep, difficulty in sleeping through the night, waking up early)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. <b>Depressive mood</b> (feeling down, sad, on the verge of tears, lack of drive, mood swings)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. <b>Irritability</b> (feeling nervous, inner tension, feeling aggressive)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. <b>Anxiety</b> (inner restlessness, feeling panicky)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. <b>Physical and mental exhaustion</b> (general decrease in performance, impaired memory, decrease in concentration, forgetfulness)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. <b>Sexual problems</b> (change in sexual desire, in sexual activity and satisfaction)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. <b>Joint &amp; muscular discomfort</b> (pain in the joints, rheumatoid complaints)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. <b>Difficulty losing weight despite diet and/or exercise</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. <b>Feeling Cold</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. <b>Activity Level</b> (important to determine absorption rate)	<input type="checkbox"/> High <input type="checkbox"/> Moderate <input type="checkbox"/> Low				

Please share any additional comments about your symptoms you would like to address.

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Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

A significant hormonal transition will occur in the first 3-6 weeks after beginning your BHRT regime. Therefore, certain changes might develop that can be bothersome.

**FLUID RETENTION:** Testosterone stimulates the muscle to grow and retain water, which may result in a weight change of two to five pounds. This is only temporary. This happens frequently with the first insertion, and especially during hot, humid weather conditions.

**SWELLING OF THE HANDS & FEET:** This is common in hot and humid weather. It may be treated by drinking lots of water, reducing your salt intake, taking cider vinegar capsules daily, (found at most health and food stores) or by taking a mild diuretic, which the office can prescribe.

**UTERINE SPOTTING/BLEEDING:** This may occur in the first few months after an insertion, especially if you have been prescribed progesterone and are not taking properly: i.e. missing doses, or not taking a high enough dose. Please notify the office if this occurs. Bleeding is not necessarily an indication of a significant uterine problem. More than likely, the uterus may be releasing tissue that needs to be eliminated. This tissue may have already been present in your uterus prior to getting pellets and is being released in response to the increase in hormones.

**MOOD SWINGS/IRRITABILITY:** These may occur if you were quite deficient in hormones. They will disappear when enough hormones are in your system.

**FACIAL BREAKOUT:** Some pimples may arise if the body is very deficient in testosterone. This lasts a short period of time and can be handled with a good face cleansing routine, astringents and toner. If these solutions do not help, please call the office for suggestions and possibly prescriptions.

**HAIR THINNING:** Is VERY rare and usually occurs in patients who over-convert testosterone to DHT. Dosage adjustment generally reduces or eliminates the problem. Prescription medications may be necessary in these rare cases.

**HAIR GROWTH:** Testosterone may stimulate some growth of hair on your chin, chest, nipples and/or lower abdomen. This tends to be hereditary. You may also have to shave your legs and arms more often. Dosage adjustment generally reduces or eliminates the problem.

**I acknowledge that I have received a copy and understand the instructions on this form.**

\_\_\_\_\_  
Name (Print Legibly)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



401 W. Hampden Place, Suite 250  
Englewood, CO 80110  
(720)625-8043 or (303)777-8346  
[www.evexiasdenver.com](http://www.evexiasdenver.com) or [www.denvervein.com](http://www.denvervein.com)

## **EVEXIAS MEDICAL DENVER/DENVER VEIN CENTER**

### **NOTICE OF PRIVACY PRACTICES**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

**PLEASE REVIEW CAREFULLY.**

#### **Your Rights**

You have the right to:

- Get a copy of your paper or electronic medical record
- Correct your paper or electronic medical record
- Request confidential communication
- Ask us to limit the information we share
- Get a list of those with whom we've shared your information
- Get a copy of this privacy notice
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

#### **Your Choices**

You have some choices in the way that we use and share information as we:

- Tell family and friends about your condition
- Provide mental health care

#### **Our Uses & Disclosures**

We may use and share your information as we:

- Treat you
- Run our organization
- As required for billing insurance for services
- Comply with Law and help with public health and safety issues
- Address workers' compensation law, law enforcement, and other government requests
- Respond to lawsuits and legal actions

#### **PHI Consent**

I consent Evexias Medical/Denver Vein to leave detailed messages regarding my healthcare, appointments, services, diagnostic test results, financial services and special offers on the following:

Phone: \_\_\_\_\_ Voicemail / Text (please circle all that apply)

Email: (Print please) \_\_\_\_\_

I give consent to Evexias Medical Denver to release my protected health information (PHI) to include but not limited to: physical exam results, lab results or other diagnostic studies, medication information/changes, appointments, billing information to the following people:

Name: \_\_\_\_\_ Phone#: \_\_\_\_\_

#### **Signature**

This consent will expire with the written notification to [info@evexiasdenver.com](mailto:info@evexiasdenver.com)

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_



### STATEMENT OF FINANCIAL RESPONSIBILITY

Evexias Medical Denver appreciates the confidence you have shown in choosing us to provide for your health care needs. The service you have elected to participate in implies a financial responsibility on your part. The responsibility obligates you to ensure payment in full of our fees. We expect these payments at time of service. I agree to pay Evexias Medical Denver, the full and entire amount of treatment given to me or to the above named patient at each visit.

We only accept insurance as a form of payment for lab work. You have the choice to file with your insurance or pay our cost. If you choose to file with your insurance for lab work instead of paying our cost you are responsible for payment of any deductible and co-payment/co-insurance as determined by your contract with your insurance carrier. Many insurance companies have additional stipulations that may affect your coverage. I understand and take full responsibility for any amounts not covered by my insurance provider.

We provide paperwork for BHRT services that you can use to submit to your insurance company for reimbursement. We are unable to assist with any additional paperwork or requests made by patients or insurance providers.

I understand that refunds or credits are not permitted on any prescriptive medication.

<b>Cancellation / No Show Policy</b>
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- We understand there may be times when you miss an appointment due to emergencies or obligations to work or family. However, in the case of regular scheduling conflicts, we ask you to call at least 2-business days' prior to cancel your appointment. Any patient that fails to show up for a scheduled appointment or cancels a scheduled appointment with less than 2-business days' notice, will be charged a **\$50 cancellation Fee**.
- I understand in a given 12-month period, if I miss three or more scheduled appointments, or cancel three or more scheduled appointments with less than 2-business days' notice, I may be dismissed as a patient from Evexias Medical Center.

I have read the above policy regarding cancellation/no show policy and my financial responsibility to Evexias Medical Denver for providing any and all services to me, or the below named patient, and agree to be bound by its terms.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guarantor Name (*required for patients < 18 years*)

\_\_\_\_\_  
Guarantor Signature

\_\_\_\_\_  
Date





### Fee Acknowledgment

Although more insurance companies are reimbursing patients for Bio-Identical Hormone Replacement Therapy, there is no guarantee. You will be responsible for payment in full at the time of your BHRT visit and procedure (see fee schedule below).

#### Office Visits

New Patient Consultation Fee	\$150
5-week Initial Follow up after 1 <sup>st</sup> pellet insert	No Charge
Follow up Provider Visits (determined at appt)	\$75-\$150-\$225

#### Labs

Full Panel Lab Fee – Initial Visit/Annual	\$250
Post-Procedure follow up Lab	\$125
Thyroid Only Lab Fee	\$50

#### Pellets

Female Hormone Pellet Insertion Fee	\$330
Male Hormone Pellet Insertion Fee	\$625
Male Hormone Pellet Insertion Fee (> 2000mg)	\$725

*Upon request, we will give you the appropriate paperwork so you can file for reimbursement with your health insurance company.*

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Print Name

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Signature

---

Date

#### We accept the following forms of payment

*American Express, Master Card, Visa, Discover, Checks, Cash and Care Credit\**